Blockheads 5 - Table Runner

This table runner is designed to be sewn with 9 - 6 1/2" pieced blocks from Moda Blockheads 5. Choose an 18" Moda toweling that coordinates with your patchwork blocks. The fringing on the blocks is optional - I have added it because I think it makes the runner more Christmassy. If your blocks are not made with Christmas fabric then the runner will still be perfect for everyday use, just leave the fringing off and choose a toweling that works with your fabric.

Visit my Blog for more information on making this table runner.

Finished Size: 68" x 17 1/2"

Requirements
* 2yds (1.8m) of 18" wide Moda Toweling

* Nine - 6 1/2" pieced blocks

* 1/2yd (45cm) of plain fabric to line block (won't be visible)

* 1/4 yd (25cm) of white cotton slub or plain cotton fabric for fringing

* 2yds (1.8m) of backing fabric

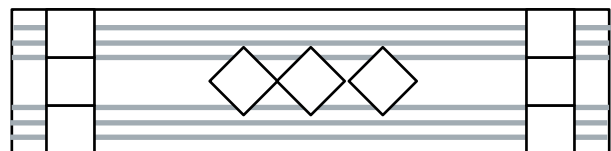* 2yds (1.8m) of lightweight fusible interfacing

Cutting

* Cut toweling to 69" long and unpick the hemmed edges then press. Trim to be 18 1/2" wide making sure you trim an equal amount off each side so the stripes stay symmetrical.

* From plain lining fabric cut:

    - 6 1/2" x 18 1/2" (x2)

    - 6 1/2" x 6 1/2" (x3)

* From fabric for fringing (optional) cut:

    - 2" x 18 1/2" (x4)

* From backing cut:

    - 18 1/2" x 69" (x1)

* From fusible interfacing cut:

    - 18 1/2" x 69" (x1)

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Assembly Instructions

1. Layout the blocks on the toweling to decide the placement for each block. There are 3 blocks along each end and 3 in the middle, so try to balance the shapes and fabrics till you are happy with the arrangement. See the layout diagram below.
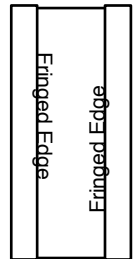
2. Sew the blocks for each end of the runners into 2 sets of three.

x2

3. Fringing is optional. Jump to Step 5 if you are not adding fringing.

Fringe one long side of each of the 4 lengths of fabric cut for the fringing. Pull out the long threads until there is 1/2" of even fringing. Trim the fabric so there is 1/2" fringing and 1/2" woven fabric. It will now be 1" wide and 18 1/2" long. View my video on YouTube on how to do this by scanning the QR code.

Fringed Edge   Fringed Edge

4. Place the fringing on the right sides of the two sets of 3 blocks, so the long raw edges match. The fringing will be pointing towards the centre of the blocks. Stitch down both long sides 1/4" from the long sides.
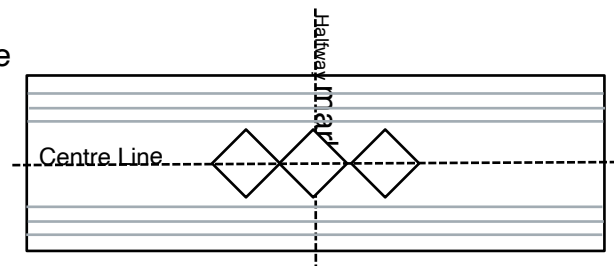
5. Place the 6 1/2" x 18 1/2" lining fabric on the right sides of each set of the pieced blocks. Sew the lining and blocks together down each long side, leaving the edges open for turning through.   Turn right sides out and press well so the seams are on the edges.

6. Place a 6 1/2" lining square, right sides together, on each of the 3 blocks chosen for the centre. Sew around the edge of each block with a 1/4" seam leaving a 3" opening for turning through. Turn the blocks the right way out and press well with the seam on the edges. Press the opening under.

YouTube

7. Find the centre of the runner by measuring or folding the toweling in half so the short ends meet. Place the centre lined block in the centre of the toweling so two points of the square are on the centre line of the runner. Pin or glue in place. See diagram. Stitch in place by hand or machine very close to the edge.

Halfway mark

Centre Line

8. Place the other two lined blocks either side of the centre block, use a ruler to make sure the points line up. Pin in place then hand stitch or machine very close to the edge of the blocks.

9. Place each pieced section on the ends of the table runner so one long side is 4" from the short ends of the runner. Use a ruler to ensure the long side of the pieced blocks are parallel to the short ends of the runner. Pin in place. Stitch down each long side of the pieced blocks, very close to the long edges of the block.

10. Fuse interfacing to the wrong side of backing fabric. Place the backing and toweling right sides together and stitch around all edges, with a 1/2" seam, leaving a 6" gap for turning through. Turn right sides out and press well so the seams are on the edges.

11. Stitch right around the edge of the runner, very close to the edges, closing up the opening as you sew. Stitch along the edges of the stripes on the toweling to hold all the layers together. Don't stitch over the pieced blocks.

4"   4"